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STUDENT ENABLING QUESTIONNAIRE

Each question below describes a thought, feeling, attitude, or behavior that can unknowingly help someone's problem continue or get worse. This is called enabling. This particular questionnaire is about alcohol/drugs, but we can also enable other behaviors. What are some other examples that you can think of?

Think about the degree to which these statements apply to you: yes, no, or sometimes.

1. I have been concerned about a friend's alcohol/drug use, but have been afraid to say anything about it to him/her.
2. I'm afraid if I tell a teacher/counselor about my friend's alcohol/drug use, that other kids will think I'm a "narc".
3. I have lied or covered-up for a friend who uses alcohol/drugs.
4. I believe I am helping to protect other students who use alcohol/drugs if I lie for them or cover-up their use.
5. I keep secrets about alcohol/drug use.
6. I blame other people or things for causing students to use drugs.
7. I don't want to be around when my friends use drugs, but I'm afraid to say that to them.
8. I let other people smoke, use alcohol/drugs at my house or in my car because I don't want to look bad.
9. I have given or sold alcohol/drugs to others.
10. I have given money to friends when I knew it would be used for alcohol/drugs.
11. I have helped friends with homework, or done it for them when they were too "high", so that they wouldn't get into trouble.
12. I am the "designated driver" when my friends want to get high.
13. I have let a drunk friend spend the night at my house so that his/her parents wouldn't know.
14. I don't believe alcohol/drug use is a problem.
15. My own use of alcohol/drugs has caused me to do things that I am not proud of. *Reviewed 1/07*