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PRACTICAL SUGGESTIONS FOR FAMILY HOME MEETINGS

- ❖ Establish a set day & time for your family meetings. Meet weekly or every other week. Don't cancel meetings! Meet even if everyone can't be there.
- ❖ Set a time limit for the meetings, extending the time only if a problem must be resolved and cannot be carried to the next meeting.
- ❖ Younger children can contribute by planning & serving refreshments before the meetings.
- ❖ Make "Days of the Week" chart. During the refreshment time before the meeting, have family members write their schedules for each day. Resolve any time/transportation conflicts at the end of the meeting. Adjust the chart during the week as plans change.
- ❖ When there is time for open discussion, use "What would you do if . . . ?" types of situations to stimulate discussion. Adult members can initiate discussions by sharing how experience and other people helped shape their own values, and then encourage other family members to share how experiences, family, and friends are influencing their beliefs.
- ❖ Rotate responsibilities to involve everyone.

Reviewed 7/09

