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INDICATIONS OF DRUG ABUSE/ADDICTION

PHYSICAL SYMPTOMS

- Loss of appetite or change in eating habits; bloated or puffy look; unexplained weight loss or gain
- Lethargy; slowed or staggering gait; dizziness; slurred speech
- Extreme hyperactivity; rapid speech; wild, jerking movements
- Red, watery eyes; drooping eyelids; runny nose; persistent and hacking cough
- Tremors or shaking of hands, feet, or head; extreme nervousness or agitation (these may signal physical withdrawal symptoms)
- Nausea; vomiting; excessive sweating unexplained by lack of other illness
- Needle marks (“tracks”) on lower arm, lower leg, or bottom of feet (to avoid detection)
- Insomnia or excessive sleeping at inappropriate times
- Noticeable change in personal grooming habits; sloppy, dirty, or unkempt appearance

EMOTIONAL SYMPTOMS

- Personality changes; unexplained, violent or bizarre behavior
- Changes in friends; new hangouts; sudden avoidance of “old crowd”
- Changes on activities, hobbies; loss of interest in previously important activities; discontinuation of favorite hobbies or pastimes
- Secretiveness; sudden withdrawal from family and friends
- Unexplained periods of moodiness, irritability, depression, anxiety; frequent temper tantrums and continuing resentful behavior
- Sudden oversensitivity (everything is a hassle”, or a reason to “get off my back”)
- Change or drop in performance at work or school; grades dropping off; change in habits at home
- Noticeable drop in attention span; nodding off in class or at work
- General lack of motivation to do anything; boredom; “I don’t care” attitude

Confusion
Absenteeism
Sporadic Work

Repeated Accidents
Poor Concentration
Poor Attitude

Abnormal Actions
Lowered Efficiency
Declining Employee Relations

Reviewed 7/09