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## WHO WE ARE . . .

**The National Council on Alcoholism and Drug Abuse – St. Louis Area (NCADA) is a community health agency providing information, intervention, referral to treatment, prevention and advocacy services.**

**NCADA** is an affiliate of the National Council on Alcoholism and Drug Dependence, a member agency of the United Way of Greater St. Louis, a certified prevention agency and Missouri Substance Abuse Prevention Resources Network Support Center of the Missouri Department of Mental Health, Division of Alcohol and Drug Abuse. **NCADA** also receives support from the Department of Economic Development, Youth Opportunities Program, and from the City of St. Louis Mental Health Board of Trustees.

## WHAT WE BELIEVE . . .

- ◆ Alcoholism and other drug addictions are illnesses that are preventable and treatable.
- ◆ Alcohol, tobacco and other drug abuse pose substantial risk to the health and safety of individuals, families, communities and society. We oppose illicit drug use, drinking and driving, underage drinking, the sale and/or distribution of illegal drugs, and the glamorization of alcohol, tobacco, and other drug use in any context.
- ◆ Although law enforcement plays a vital role in a comprehensive solution to the drug abuse problem, prevention and treatment offer a more viable, long-lasting approach.
- ◆ Skill-based programs for high-risk youth, school and community-based prevention services, and parent education are among the most effective demand reduction strategies.
- ◆ Crime, violence, accidents, school drop-out rates, teen pregnancy, AIDS, lost-work productivity, poverty, and rising health care costs are significantly correlated with alcohol and other drug abuse. So called drug “harm reduction,” legalization or decriminalization strategies are shortsighted and will only exacerbate the problems.

## WHAT WE'RE DOING . . .

- ◆ Information and referral services, crisis intervention, individualized assessments, and programs for juvenile offenders and other youth at-risk.
- ◆ Community access to DVDs, pamphlets, articles, books, manuals, posters, speaking and training services.
- ◆ School-based prevention programs for parents, faculty and students, including peer-leadership training and conferences, conflict management series, drug-free alternatives (TREND), and support groups. The Missouri Substance Abuse Prevention Resources

Network provides resources, networking, training, and consultation to organizations and teams of volunteers implementing community action plans.

- ◆ Advocacy, community development, and public awareness.

### **OUR FREE SERVICES INCLUDE . . .**

- ◆ Fact sheets, Brochures, Posters
- ◆ Quarterly Newsletter
- ◆ Information & Referral Specialist for questions
- ◆ Professional In-service Training
- ◆ Volunteer programs for the public
- ◆ Adolescent assessments

### **OUR LOW COST SERVICES INCLUDE . . .**

- ◆ Adult Assessments
- ◆ Intervention Trainings
- ◆ Counseling and call information and referrals
- ◆ Library DVD and book rentals
- ◆ Treatment & Recovery Services Manuals

### **SPECIAL PROGRAMS . . .**

- Missouri Substance Abuse Prevention Resources Network – Assistance for teams of adults and youth addressing the problems of tobacco, alcohol, and other drug use/abuse in their own communities.
- Teen Institute for Prevention Leaders (TI) – National award-winning four-day prevention program for high school students.
- TREND (Turning Resources & Energy in New Directions) – Alcohol/drug-free social activities, community service projects, educational programs, and leadership development for teens and college students.
- Coalition on Addictions Meetings – A low-cost membership organization meeting every second Wednesday of each month in our Board Room, with a variety of speakers.

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