

**RETURN APPLICATION BY 3/1/12 TO:**

Libby Brim, TI Co-Director  
NCADA  
8790 Manchester Road  
St. Louis, MO 63144

**For TI office use only:**

Date Rec'd \_\_\_\_\_  
XLS \_\_\_\_\_

**Teen Institute for Prevention Leaders**

**APPLICATION**

Please type or print legibly. To eliminate delays, applications must be completely filled out and signed.

**PART I** (To be completed by student.)

First and last name	Date of birth ____/____/____	Sex: <input type="checkbox"/> Male <input type="checkbox"/> Female	T-shirt size: <input type="checkbox"/> Small <input type="checkbox"/> Medium <input type="checkbox"/> Large <input type="checkbox"/> X-Large
Name of school you attend	Year in school as of September 2012 <input type="checkbox"/> Sophomore <input type="checkbox"/> Junior <input type="checkbox"/> Senior		

	Student	Mother/Guardian	Father/Guardian
Name:			
Address:	_____	_____	_____
City/state/zip:	_____	_____	_____
Home phone:	(    )	(    )	(    )
Work phone:	(    )	(    )	(    )
Cell phone:	(    )	(    )	(    )
E-Mail			

Why are you interested in attending Teen Institute (TI)?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**TI Checklist**

- I agree to participate in TI for its duration
- I agree to abide by the guidelines and goals of TI
- I agree to share the knowledge and skills I gain at TI with others in my school and community
- I have chosen the workshops I'd like to attend (see enclosed form)
- I have completed the *About You* participant questionnaire (see enclosed form)
- My application is filled out completely

\_\_\_\_\_  
Student's Signature

\_\_\_\_\_  
Date

**PART II** (To be completed by parents/guardians.)

**GENERAL HEALTH INFORMATION FOR TI NURSE**

List any medical conditions your teen is being treated for (example: ADHD, asthma, depression, diabetes, behavior disorder, seizure disorder, skin conditions, etc.):

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List any allergic reactions (such as medications, insect stings, foods, etc.):

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List any physical activity and/or dietary limitations or needs:

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Last tetanus booster: month \_\_\_\_\_ year \_\_\_\_\_

**EMERGENCY CARE**

To the best of my knowledge, this health information is correct. My teen has permission to engage in all TI activities (except as noted). In an emergency if parents/guardians are not available, notify the following:

Name of emergency contact (other than parent/guardian)		Relationship to student	
Cell phone number (     )	Work phone number (     )	Home phone number (     )	
Physician or clinic's name		Office phone number (     )	
Insurance carrier/Medicaid	Group number	Policy/Subscriber or Medicaid number	Name of policy holder

**MEDICATION AUTHORIZATION**

For minor ailments, I authorize the following over-the-counter medications to be given to my teen:

- |                                                    |                                          |                                                       |
|----------------------------------------------------|------------------------------------------|-------------------------------------------------------|
| <input type="checkbox"/> Neosporin or A&D ointment | <input type="checkbox"/> Antacid         | <input type="checkbox"/> Anti-diarrhea                |
| <input type="checkbox"/> Decongestant              | <input type="checkbox"/> Calamine lotion | <input type="checkbox"/> Ibuprofen or Tylenol 325 mg. |
- Circle one: 1 tablet, 2 tablets

The above listed over-the-counter medications will be supplied by the NCADA. If other over-the-counter medications are needed by your teen, they must be in a sealed (unopened) container. All prescription medication must be in the original, pharmacy labeled container. These are nursing license requirements.

I authorize the nurse to administer medication prescribed by \_\_\_\_\_ June 5-8, 2012.  
(Doctor's Name)

Name of drug	Amount to be given	Time to be given
Name of drug	Amount to be given	Time to be given
Name of drug	Amount to be given	Time to be given

**SURVEY AND PUBLICITY RELEASE**

A written pre-, post- and follow-up test will be given to students. I authorize the NCADA to administer these evaluations to measure knowledge, skills and attitudes about alcohol, tobacco and other drugs. I also authorize the Teen Institute for Prevention Leaders and its staff to use the name and/or photograph of my son/daughter for promotional and/or publicity purposes regarding TI 2012.

**INSURANCE INFORMATION**

Sojourn carries accident and injury insurance.

**LIABILITY RELEASE**

I hereby release the Teen Institute for Prevention Leaders, any of its sponsoring or cooperating agencies, Sojourn, and any other person or organization associated or involved with Teen Institute to be held June 5 - 8, 2012, at Sojourn from any and all liability during said Institute. I also certify that my teen is either covered by health and accident insurance for any accident or injury that may occur while at or in route to and from the Institute or, if I do not have insurance, I agree to be financially responsible should said incident occur.

**TRANSPORTATION INFORMATION**

Please check the appropriate statement below to authorize the transportation you will allow for your teen:

- I will arrange transportation for my teen.
- My teen will ride the bus. If the school or sponsoring organization does not cover the \$20 transportation fee, I understand that I will be responsible for paying this fee by May 21, 2012 (transportation fee will increase to \$25 after this date and must be paid prior to TI). NCADA will send an invoice as notification of payment due. Check the bus site you prefer to use:
  - Bus 1 – St. John’s Bank and Trust Co. parking lot (I-170 and Natural Bridge Road)
  - Bus 2 – Society for the Blind parking lot in Brentwood (Manchester Road just east of Brentwood Boulevard)
  - Bus 3 – Commuter parking lot, Highway 270 and Gravois Road (on northeast corner)

**Parents/Guardians please authorize the following by checking each category:** (You must check either yes or no for each item.)

- Permission to attend Teen Institute ..... yes no
- Emergency care ..... yes no
- Prescription medications ..... yes no
- Non-prescription medications ..... yes no
- Pre- and post-tests ..... yes no
- Promotions and Publicity ..... yes no
- Liability ..... yes no
- Transportation ..... yes no

I have examined the program and philosophy of Teen Institute and agree to allow my teen to attend if selected. I further agree to be supportive in my teen’s efforts to share in his/her school and community the knowledge and skills that will be gained.

\_\_\_\_\_  
Parent’s/Guardian’s Signature

\_\_\_\_\_  
Date

**PART III** (To be completed by faculty sponsor.)

Sponsor's name		Position/Title	
School phone (     )	Home phone (     )	Cell phone (     )	
Name of school		E-mail address	
School address	City	State	Zip

Fees are payable upon receipt of invoice after notification of student's acceptance. Specify below the funding source as you would like it to appear on the invoice. **Tuition will increase to \$295 on applications received after April 23, 2012.** Refunds will be granted, less a \$35 administrative fee, if NCADA receives notification in writing of participant's cancellation prior to May 21, 2012. After this date, no refunds will be granted and no substitutions will be allowed.

Funding source		Attn:	
Phone number (     )	E-mail	Purchase order number	
Address			
Check amount to be billed (check one)			
<input type="checkbox"/> \$280.00 - registration only		<input type="checkbox"/> \$300.00 - registration and bus fare	

As faculty sponsor, I agree to serve as liaison for the following student and to assist wherever possible in implementing his/her prevention efforts.

TI applicant's name \_\_\_\_\_

\_\_\_\_\_  
Faculty Sponsor's Signature

\_\_\_\_\_  
Date

Please review this form. **All information requested is required for the student to be registered.**

Mail completed application to:

Libby Brim, TI Co-Director  
8790 Manchester Road  
St. Louis, MO 63144

## Frequently Asked Questions

**Q: Is Teen Institute (TI) a “drug camp”?**

**A:** No! The focus of TI is substance abuse prevention and leadership. To become a leader you need three things:

1. Information about the problem.
2. Skills to make a difference in the problem area.
3. A positive attitude about being able to impact others with your solutions and leadership skills.

TI will empower you through fun, interactive workshops, discussions and activities.

**Q: Will I know anybody at TI?**

**A:** You might! Most schools send 2-4 students to TI, so you may know other students attending from your home school. You also may know other participants through athletic competitions or other extracurricular activities you have in common. About 75–90 students attend from 30-35 area public and private high schools. Don’t worry, by the end of the first day you’ll know lots of new people and will feel comfortable getting to know the rest of the participants.

**Q: Am I going to be bored?**

**A:** Most teens have a wonderful experience! In their words:

- “Since TI I have been able to help my friends more effectively with their concerns and problems.”
- “Attending TI was a great experience. I got the chance to meet people like myself! It has inspired me to continue living a healthy lifestyle and find healthy outlets to have fun. TI encouraged me to be a good role model for my peers.”
- “TI has definitely helped my leadership skills.”
- “I was able to make a huge impact on someone’s life, and that wouldn’t have been possible without TI! I also met some friends who I still keep in touch with.”
- “I have become a much more assertive leader in school and in activities like Student Council. TI has given me a new self-confidence.”

**Q: Will I have fun?**

**A:** Absolutely! Besides the interactive learning activities, you will have free time everyday and social activities each evening. The first night’s mixer is called Fun Factor; it’s filled with lots of get-acquainted activities. Subsequent social activities include karaoke; dance, self defense, and yoga lessons; and games. Free time is yours to relax, sunbathe, participate in sports (sand volleyball, basketball, etc.), a game of ping pong or cards, paddle boating or fishing in the lake, etc.

**Q: What will I be doing all day?**

**A:** TI is staffed with trainers from NCADA, the National Guard and other adults who work with teens. The large group sessions will have structured activities, lively discussions, role-plays and other fun interactive ways to learn about alcohol, tobacco and other drug abuse topics and related issues. Small groups will meet daily to relax, and talk generally about the day’s events. An exciting variety of workshops will be held on the 2<sup>nd</sup> and 3<sup>rd</sup> day to give you a chance to learn in-depth information about the topics you choose. The workshop sign-up sheet is included with the brochure and application. *Return it early; these workshops fill fast!*

**Q: What should I wear, and what should I bring?**

**A:** Wear *comfortable* clothes: jeans, shorts, T-shirts, tennis shoes and/or sandals. Bring clothes suitable for playing basketball, volleyball and other free time activities (no one dresses up). We do request that girls not wear spaghetti-strap T-shirts, tube tops, etc. If you’d like, you can bring snacks to keep in your room. We’ll provide all meals. You’ll receive a “Bring List” with your confirmation letter.

**Q: Where will I sleep?**

**A:** Sojourn is a fairly new facility (completed in 2002) with spacious sleeping rooms containing a combination of double and bunk beds. Each person will have their own bed and share bathroom facilities with roommates. The male and female bedroom facilities are on separate wings. Adult staff members will have rooms in each wing. In order for you to get to know new people, you won’t be rooming with anyone from your school. The rooms are arranged hotel-style so no one is very far from anyone else. Go to [www.sojournretreat.org/images](http://www.sojournretreat.org/images) to view pictures of the site. The NCADA is not affiliated with any religious organization and the retreat site is neutral in respect to retreat participants.

**Q: Where is the retreat site?**

**A:** Sojourn is located approximately 25 minutes south from the intersection of Gravois–Highway 30 and Highway 270. We’ll have three pick-up sites for those of you who’d like to take the bus. Information about transportation will be included with your confirmation letter.

**Q: What happens after TI?**

**A:** That’s up to you and your school or sponsor. Most participants are in leadership positions in HiSTEP (a peer education program), peer helping groups, TREND, For REAL (a youth advocacy group), TATU (Teens Against Tobacco Use), TryPOD (Try Putting Off Drinking), SWAT (Students Working Against Tobacco), Student Council or other student led programs. Many TI graduates start prevention programs in their schools. (That’s how many current programs began, with motivated TI alumni!) Teens also make a difference in the lives of their friends as they help them through some tough times.

**Q: What if I get a scholarship from NCADA to attend?**

**A:** Congratulations! If you are selected for either a partial or full scholarship you may be asked to write a thank you note to the scholarship donor. For your convenience, these will be written at the retreat, with NCADA providing the card, envelope and postage. (Once in a while a scholarship recipient does not show up at Teen Institute and has not notified their sponsor or NCADA. The results are that the scholarship, which could have been used to help another student attend, has been wasted. *IF THIS SHOULD HAPPEN, THE RECIPIENT WHO DID NOT ATTEND WILL BE RESPONSIBLE FOR THEIR TUITION.*

**Q: What if I can’t attend after I’ve been accepted?**

**A:** Contact NCADA (314.962.3456 or [lbrim@ncada-stl.org](mailto:lbrim@ncada-stl.org)) and let your sponsor know right away. There may be time to fill your slot. If you cancel and the position cannot be filled before the deadline, the financial sponsor (your school or other organization) will be charged an administration fee of \$35. If you just don’t show up at TI, none of the \$285 tuition will be reimbursed.

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## TI Workshops

Name \_\_\_\_\_

School \_\_\_\_\_

Please place a 1 or 2 on the line to the left of the workshop titles to let us know your first and second choice for each of the four sessions. Return this form right away so we can place you in the workshops you prefer.

Session 1	Session 2	Session 3	Session 4
<input type="checkbox"/> The Cost of Drugs	<input type="checkbox"/> The Cost of Drugs	<input type="checkbox"/> Athletes: A Different Kind of Strength	<input type="checkbox"/> Athletes: A Different Kind of Strength
<input type="checkbox"/> Drugs 101	<input type="checkbox"/> The Drug Business	<input type="checkbox"/> Drama vs. Disaster	<input type="checkbox"/> Drama vs. Disaster
<input type="checkbox"/> Marijuana	<input type="checkbox"/> Drugs 101	<input type="checkbox"/> Marketing the Message	<input type="checkbox"/> Life After High School
	<input type="checkbox"/> We're All Different, Embracing Diversity	<input type="checkbox"/> We're All Different, Embracing Diversity	<input type="checkbox"/> Marketing the Message

**Athletes: A Different Kind of Strength** – Over half of the students in high school are athletes. How influential are they? How can athletes use their influence in positive ways? Sign up to find out!

**The Cost of Drugs** – What do countries like Afghanistan, Mexico, and Colombia have to do with the cost of drugs in the United States? Gain a global perspective about the “cost” of drugs in this workshop.

**Drama vs. Disaster** – Sometimes it’s hard to tell the difference between a friend’s “drama” and a potentially serious situation. This workshop will give you the tools to deal with tough situations and help you decide when to take action.

**The Drug Business** – What does a tractor salesman, a fashion designer, a waiter, and a truck driver have in common? And, what does this have to do with drugs anyway? Come find out in this workshop!

**Drugs 101** – Get “back to the basics” in this workshop, examining facts, slang terms, and physical side effects of many drugs including alcohol, marijuana, cocaine, and heroin.

**Life After High School** – What is the college social scene really like? Is it possible to go through college without drinking? What are the consequences of drinking on campus? Hear all about college life from a recent graduate.

**Marijuana** – Is marijuana addictive? How long does marijuana stay in the body? Why is it illegal? This workshop will provide answers to some of these questions and will examine myths and facts surrounding the drug.

**Marketing the Message** – Think you’re not influenced by advertising? Think Again! This workshop will explore how advertisers target groups of people in the hopes that they will “buy” what they are selling.

**We’re All Different! Embracing Diversity** – We’re each unique, and sometimes our differences can cause conflict and misunderstanding. Come learn why it’s important to move past and/or *accept* differences in others.

Please return by **March 1** to:

Libby Brim  
NCADA  
8790 Manchester Road  
St. Louis, MO 63144



# About You

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## Participant Questionnaire

Your responses on this questionnaire will be in the TI notebook so fellow TI'ers can get to know you better.

Name \_\_\_\_\_ Nickname \_\_\_\_\_

My favorite TV show is \_\_\_\_\_

I'm really good at \_\_\_\_\_

I've always wanted to \_\_\_\_\_

In ten years I hope to be \_\_\_\_\_

\_\_\_\_\_

My favorite quote is " \_\_\_\_\_

\_\_\_\_\_ " .

Two big issues facing teens today are...



1. \_\_\_\_\_

2. \_\_\_\_\_

The most influential person in my life is \_\_\_\_\_

Because \_\_\_\_\_

\_\_\_\_\_

My best advice to teens is \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



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